

Singing-Moving-Speaking (SBS)

Singing-Moving-Speaking (SBS) is an activity in kindergarten. SBS is free of charge for participating children aged 3 to 6.



They sing, dance, rhyme and speak together.

SBS promotes
language
senses (seeing, hearing, feeling, sense of balance)
movement
social awareness

and thus makes it easier for your child to start school.









Further information about SBS

What is SBS?

 SBS combines singing, movement and language in a playful way: songs, texts, hand gestures and movement games encourage participation and music-making.

What does SBS do?

- · The children learn new words and have fun with music.
- Language development is supported
- · SBS promotes awareness of the body and one's own abilities.
- SBS strengthens self-confidence and encourages behaviour towards other children.

How does SBS work?

- Duration: 45 minutes, once a week
- No previous experience necessary
- Group size: 9 to 20 children with and without intensive language support needs
- A music teacher comes to the kindergarten for SBS. The kindergarten teacher joins in and repeats the content of the SBS lesson during the week.

